

2019 Fort Worth BookFest Author Interview Series



... with **Kayla Oye**, author of ... *Fifty Days to Breathe - A Poetry Journal* ...

Where is your favorite place to read?

I love reading at home in the living room, or in my book nook with my dog. I love comfy reading.

What is your favorite book to give an adult or a child?

My favorite book to give an adult would be Maya Angelou's *I Know Why The Caged Bird Sings*. My favorite books for children are any of books in the *llama llama* series (always-great reading with my nieces).

What books do you return to most often, whether passages or whole?

I return to so many self-help books as much as I need to. Self-help work will always be important to me. And, I need to prime up areas of my life all the time.

What is the last book that had you reading past your bedtime?

The last book I stayed up all night reading was *The Nightingale* by Kristen Hannah. It's a beautiful novel staged in France during the Second World War with a plot that details the strength of humans during the beginning and end of the Holocaust. And it took my breath away.

Who made reading important to you?

I would say that experiencing life altogether made reading important to me. Words by way of writing and words by way of reading stories written by other authors built up over time to be a blanket, and safe place for me whenever I need it.

Author Bio

Kayla Oye is an empowerment coach, writer, and author. Her arts of poetry and short stories are praised by the mental health community for being a window of truth, and hope for minds on fire. She is the author of three published works, including her latest release, *Fifty Days to Breathe-A Poetry Journal*, and her second art of words titled, *Self, I love you more*. Kayla is a native Tennessean, residing in Houston with her husband, Olumide.

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