

## 2019 Fort Worth BookFest Author Interview Series



... with **Soneakqua White**, author of *A Time to Heal* and other titles

**Where is your favorite place to read?**

**My favorite place to read is on the sofa in front of the TV.**

**What is your favorite book to give an adult or a child?**

My favorite book for an adult would be anything from *Chicken Soup for the Soul*.

**What books do you return to most often, whether passages or whole?**

Working through *Mommy Issues*.

**What is the last book that had you reading past your bedtime?**

*Though I Stumble* by Kim Cash Tate

**Who made reading important to you?**

My mom.

**BONUS QUESTION: What is your favorite book set in the southwest?**

*Left Behind*.

### Author Bio

Soneakqua White, M.A., LPC has been in the mental health field for the past fourteen years. She received her Bachelor of Arts in Psychology from Baylor University in 1998. She completed a Master of Arts in Counseling at Amberton University in 2002. The Texas State Board of Examiners granted her credential as a Licensed Professional Counselor (LPC) in January 2006. Soneakqua successfully transitioned into her practice, At the Table Counseling, in April 2011. She currently serves a large clientele of men and women who have suffered physical, verbal, mental/emotional, sexual, and/or spiritual abuse in their youths. Her desire is to assist them by walking with them through their healing processes.

**Follow **Soneakqua**** for more information on her work via her Facebook.com/At the Table Counseling; Instagram.com/at the table counseling; Twitter: @atthetablecounseling

---

Mark your calendars for this year's Fort Worth BookFest  
Saturday | 10. 12. 2019  
11 AM – 4:30 PM  
Maddox - Muse Center  
330 E. 3<sup>rd</sup> Street  
Fort Worth, Texas

---

Visit us at [www.fortworthbookfest.com](http://www.fortworthbookfest.com)

Follow us on Facebook

Instagram I(fwbookfest) & Twitter (@FWBF)